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FOR IMMEDIATE RELEASE

Eco-Artist Launches Best-Selling Book

Arlington, Texas, August 17, 2026 – Dare 2B Fair: 33 Steps to Build a Better World With Our Words – written by Beth Bando, has just concluded a successful book launch on [Amazon](https://www.amazon.com) with the book ranked as a #1 Best Seller.

If the pen is mightier than the sword, then how are we doing with this formidable power? What if we could build a better world for all through the everyday words we speak?

Coarse, incendiary language and name-calling are becoming increasingly common. Bullying, violence, and anxiety continue to rise, leaving many people wondering how one person can make a meaningful difference.

Dare 2B Fair: 33 Steps to Build a Better World With Our Words, an English-Spanish bilingual book, offers pathways for transforming helplessness into hopeful action toward creating a more harmonious world.

Through a 33-step process, **Dare 2B Fair** invites readers to discover how our everyday words can become powerful agents for connection and positive change using one simple, meaningful prompt at a time.

As easy, fun, and non-judgmental as it is profound, it offers:

- An antidote to toxicity
- A practical path from helplessness to action
- A pathway for leaders of today and tomorrow.

Readers appreciate the gentle, contemplative nature of each short daily prompt. Adults report feeling more peaceful and empowered. Families report fewer squabbles. Teachers notice more cooperative classrooms. Employers report healthier communication among staff.

Drawing on her background in theatre and personal growth, Beth Bando invites readers to explore new ways of reconnecting—with themselves, one another, and the world around us.

If you could help build a better world with your words, would you?

Join Beth in the quest to build a better world through our words. Together, we can make a difference—one word at a time.

"Dare 2B Fair is a book that the world population would benefit from reading. Wonderful words of wisdom to guide a person, a group, a government or a country toward communication, cooperation,

understanding and respect. Beth challenges everyone to create a better world with our words to envision a world of Peace, Love & Truth!" – Pat Schenker

The book, marketed by [BCG Publishing](#) is available on [Amazon](#) in Kindle and paperback formats.

For more information about Beth go to <https://bethbando.com>

About Beth Bando

Drawing on ancient wisdom for a modern world, Beth Bando blends her theatre skills, environmentalism, and a lifelong commitment to cultural healing to create spirit-lifting, thought-provoking books, eco-art, and seminars.

Her training includes a BA in Speech & Drama from Trinity University, study at the Circle in the Square Acting School in New York City, and an MFA in Interdisciplinary Arts from Goddard College. Her certifications include EFT Tapping and a wide range of wellness protocols.

Her one-woman show was performed at United Solo in New York City and the Fort Worth Fringe Festival. She has been a speaker for the New Life Expo, the National Organization for Women, and the Transformative Language Arts Network.

Beth is the author of Dare 2B Fair: 33 Steps to Build a Better World With Our Words. Her book What I Learned from an Onion: Big Wisdom from little things (Second Edition) will be released soon.

Beth creates pathways from Separation to Connection. She offers practical wisdom to nurture wholeness and create a more compassionate world.

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